



Western Australian Certificate of Education Examination, 2015

--	--	--	--	--	--	--	--

PHYSICAL EDUCATION STUDIES

Practical (performance) examination Artistic Gymnastics

Time allowed

General Warm-up:	15 minutes
Open Apparatus Warm-up:	30 minutes
Skills and Drills:	75 minutes

Materials required

To be provided at the venue

Beam
Parallel bars
12 m x 12 m sprung padded floor area
Standard gymnastics matting for all apparatus
Beat boards
All associated landing mats and safety equipment
Sound system

To be provided by the candidate

Close fitting clothes such as a leotard

To be provided by the Authority

Qualified gymnastics coach for safety purposes

Structure of the examination

The WACE Physical Education Studies examination consists of a written component worth 70% of the total examination score and a practical (performance) component worth 30% of the total examination score.

Structure of the examination

Prior to the examination, candidates must submit their selected skills from the list provided in the Artistic Gymnastics Practical Examination Support Materials booklet on the template provided.

Section One

Three (3) skills from each of the five (5) skill requirements in each apparatus will be examined:
Women's - floor and beam and Men's - parallel bars and floor
Two (2) vaults

Section Two

Routine One: Floor
Routine Two: Beam (Women) or Parallel bars (Men)

Sections	Marks available	Percentage of total exam
Skills <ul style="list-style-type: none"> • Floor - 3 skills • Apparatus - 3 skills • 2 Vaults 	27 27 18	15
Conditioned performance <ul style="list-style-type: none"> • Routine One - Floor • Routine Two – Apparatus (beam or parallel bars) 	15 15	15
Total		30

Instructions to candidates

1. You are required to wear clothing and personal playing and safety equipment that is approved for competition by the sport's governing body.
2. Clothing must not identify you, your school, club or achievements, and it is requested that you wear close fitting clothes such as a leotard (girls) for the examination.
3. You are required to report to a supervisor to register for the practical examination 40 minutes before your scheduled examination time.
4. Once your attendance has been recorded you will be given a number (to be written on your hand and displayed to the assessor before each performance), and directed to a supervised warm up area.
5. Just prior to the scheduled examination time you will be escorted from the warm up area to the examination area. A general warm up will be conducted followed by an open apparatus warm-up. 'One touch' 30 second warm up will be permitted prior to commencing examination on each apparatus.

SECTION ONE – Skills Performance**1. Skills set**

Floor			Apparatus		
Skill 1	Skill 2	Skill 3	Skill 4	Skill 5	Skill 6

SECTION TWO – Conditioned Performance

Routine One: Floor

Routine Two: Apparatus – Beam (Women) or Parallel bars (Men)

Vaults: Two (2) vaults – the same vault may be performed twice

APPENDIX ONE

Women's Gymnastics Skill Selections (to be chosen from Gymnastics Practical Examination Support Materials booklet list of skills and submitted to the examination markers prior to commencement)

Candidate's Number _____

Beam

Mount	Difficulty rating	Dance skill	Difficulty rating	Acro skill	Difficulty rating	360° Turn	Difficulty rating	Dismount	Difficulty rating

Three (3) of the five (5) skills should be chosen for the skills section. All five (5) skills to be demonstrated in conditioned performance

Floor

Acro pass one	Difficulty rating	Acro pass two	Difficulty rating	Passage of dance skills	Difficulty rating	Turn	Difficulty rating	Dance skill / acro pass 3	Difficulty rating

Three (3) of the five (5) skills should be chosen for the skills section. All five (5) skills to be demonstrated in conditioned performance

Vault

Vault 1	Difficulty rating	Vault 2	Difficulty rating

Note: The same vault may be used for both attempts

APPENDIX TWO

Men's Gymnastics Skill Selections (to be chosen from Gymnastics Practical Examination Support Materials booklet list of skills and submitted to the examination markers prior to commencement)

Candidate's Number _____

Parallel Bars

Mount	Difficulty rating	Static / support Skill	Difficulty rating	Swing to 45° (or higher)	Difficulty rating	Handstand	Difficulty rating	Dismount	Difficulty rating

Three (3) of the five (5) skills should be chosen for the skills section. All five (5) skills to be demonstrated in conditioned performance

Acro pass one	Difficulty rating	Acro pass two	Difficulty rating	Handstand skill	Difficulty rating	Scale	Difficulty rating	Splits – 180°	Difficulty rating

Three (3) of the five (5) skills should be chosen for the skills section. All five (5) skills to be demonstrated in conditioned performance

Vault

Vault 1	Difficulty rating	Vault 2	Difficulty rating

Note: The same vault may be used for both attempts

This page has been left blank intentionally

This page has been left blank intentionally

This document – apart from any third party copyright material contained in it – may be freely copied, or communicated on an intranet, for non-commercial purposes in educational institutions, provided that it is not changed and that the School Curriculum and Standards Authority is acknowledged as the copyright owner, and that the Authority’s moral rights are not infringed.

Copying or communication for any other purpose can be done only within the terms of the *Copyright Act 1968* or with prior written permission of the School Curriculum and Standards Authority. Copying or communication of any third party copyright material can be done only within the terms of the *Copyright Act 1968* or with permission of the copyright owners.

Any content in this document that has been derived from the Australian Curriculum may be used under the terms of the Creative Commons Attribution-NonCommercial 3.0 Australia licence.

*Published by the School Curriculum and Standards Authority of Western Australia
303 Sevenoaks Street
CANNINGTON WA 6107*