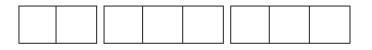




#### Western Australian Certificate of Education Examination, 2015



### **PHYSICAL EDUCATION STUDIES**

#### Practical (performance) examination Artistic Gymnastics

#### **Time allowed**

General Warm-up:	15 minutes
Open Apparatus Warm-up:	30 minutes
Skills and Drills:	75 minutes

#### Materials required

#### To be provided at the venue

Beam Parallel bars 12 m x 12 m sprung padded floor area Standard gymnastics matting for all apparatus Beat boards All associated landing mats and safety equipment Sound system

#### To be provided by the candidate

Close fitting clothes such as a leotard

To be provided by the Authority Qualified gymnastics coach for safety purposes

#### PHYSICAL EDUCATION STUDIES PRACTICAL (PERFORMANCE)

#### Structure of the examination

The WACE Physical Education Studies examination consists of a written component worth 70% of the total examination score and a practical (performance) component worth 30% of the total examination score.

#### Structure of the examination

Prior to the examination, candidates must submit their selected skills from the list provided in the Artistic Gymnastics Practical Examination Support Materials booklet on the template provided.

#### Section One

Three (3) skills from each of the five (5) skill requirements in each apparatus will be examined: Women's - floor and beam and Men's - parallel bars and floor Two (2) vaults

#### Section Two

Routine One: Floor Routine Two: Beam (Women) or Parallel bars (Men)

Sections	Marks available	Percentage of total exam
Skills • Floor - 3 skills • Apparatus - 3 skills • 2 Vaults	27 27 18	15
<ul> <li>Conditioned performance</li> <li>Routine One - Floor</li> <li>Routine Two – Apparatus (beam or parallel bars)</li> </ul>	15 15	15
	Total	30

#### Instructions to candidates

- 1. You are required to wear clothing and personal playing and safety equipment that is approved for competition by the sport's governing body.
- 2. Clothing must not identify you, your school, club or achievements, and it is requested that you wear close fitting clothes such as a leotard (girls) for the examination.
- 3. You are required to report to a supervisor to register for the practical examination 40 minutes before your scheduled examination time.
- 4. Once your attendance has been recorded you will be given a number (to be written on your hand and displayed to the assessor before each performance), and directed to a supervised warm up area.
- 5. Just prior to the scheduled examination time you will be escorted from the warm up area to the examination area. A general warm up will be conducted followed by an open apparatus warm-up. 'One touch' 30 second warm up will be permitted prior to commencing examination on each apparatus.

#### **SECTION ONE – Skills Performance**

#### 1. Skills set

	Floor			Apparatus	
Skill 1	Skill 2	Skill 3	Skill 4	Skill 5	Skill 6

#### **SECTION TWO – Conditioned Performance**

Routine One:	Floor
Routine Two:	Apparatus – Beam (Women) or Parallel bars (Men)
Vaults:	Two (2) vaults – the same vault may be performed twice

**APPENDIX ONE** 

Women's Gymnastics Skill Selections (to be chosen from Gymnastics Practical Examination Support Materials booklet list of skills and submitted to the examination markers prior to commencement)

# Candidate's Number\_

## Beam

		1
Difficulty rating		
Dismount		ed performance
Difficulty rating		condition6
360° Turn		skills section. All five (5) skills to be demonstrated in conditioned performance
Difficulty rating		) skills to
Acro skill		s section. All five (5)
Difficulty rating		r the skills
Dance skill		Three (3) of the five (5) skills should be chosen for the
Difficulty rating		(5) skills
Mount		Three (3) of the five

## Floor

cro Difficulty rating	
Difficulty         Dance skill / acro         Difficulty           rating         pass 3         rating	ed performance
Difficulty rating	condition
Turn	Three (3) of the five (5) skills should be chosen for the skills section. All five (5) skills to be demonstrated in conditioned performance
Difficulty rating	skills to
Passage of dance Difficulty skills rating	section. All five (5)
Difficulty rating	r the skill
Acro pass two	should be chosen fo
Difficulty rating	(5) skills
Acro pass one	Three (3) of the five

## Vault

Vault 1	Difficulty rating	Vault 2	Difficulty rating
Note: The same vault may be used for both attempts	It may he	used for hoth attem	nte

Note: The same vault may be used for both attempts

**APPENDIX TWO** 

Men's Gymnastics Skill Selections (to be chosen from Gymnastics Practical Examination Support Materials booklet list of skills and submitted to the examination markers prior to commencement)

## Candidate's Number

## Parallel Bars

ulty ng		
Difficulty rating	<u> </u>	
Dismount		ed performance
Difficulty rating		conditione
Handstand		skills section. All five (5) skills to be demonstrated in conditioned performance
Difficulty rating		skills to
Swing to 45° (or higher)		s section. All five (5)
Difficulty rating		r the skills
Offficulty         Static / support         Difficulty           rating         Skill         rating		Three (3) of the five (5) skills should be chosen for the
Difficulty rating		(5) skills s
Mount		Three (3) of the five

Acro pass one	Difficulty rating	Acro pass two	Difficulty rating	Handstand skill	Difficulty rating	Scale	Difficulty rating	Splits – 180°	Difficulty rating
Three (3) of the five	(5) skills	hree (3) of the five (5) skills should be chosen for the skills section. All five (5) skills to be demonstrated in conditioned performance	r the skill	s section. All five (5)	skills to l	be demonstrated in c	condition	d performance	

## Vault

Vault 1	Difficulty rating	Vault 2	Difficulty rating
Note: The same valilt may be used for both attempts	It may he	used for hoth attem	nts

NOTE: The same vault may be used for boun alterripts

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